

### **National Governing Body (NGB) – Return to Play Summary**

This table summarises the return to play status as identified by each sport’s governing body – including whether the activity is currently permitted, the format of participation, group sizes and links to detailed information.

**Please note:** Information provided is subject to change in response to updated government and NGB guidelines surrounding sport and physical activity. The below information is provided as a quick-reference guide and should always be viewed in conjunction with the latest NGB guidance. Participants and deliverers should also observe local restrictions (such as local lockdown areas, or venue-led restrictions) which will influence return to play requirements.

National Governing Body	Is the activity permitted under current guidance?	In what format can activity take place?	How many participants can take part?	Date for return to competition?	Link to further information	Last updated
Archery GB	Yes	Training and competition. Social distancing maintained.	30 people (including archers, judges and volunteers).	Competition – returned. Record status – expected return in September.	<a href="#">Click here</a>	21/08/2020
England Athletics	Yes	2m distance to be maintained at all times.	Groups of 6, or unlimited in Covid secure environment.	22/08/2020. Return to competition guidance published.	<a href="#">Click here</a>	26/08/2020
Badminton England	Yes	Training only. Full-court singles and doubles, maintaining 2m distance as far as possible.	Groups of up to 6. Multiple groups can use the same hall but must remain separate. Clubs to appoint a ‘Covid-19 Officer’.	Date TBC	<a href="#">Click here</a>	01/09/2020
Basketball England	Yes	Team training and behind-closed-door competitions.	Maximum of 30 people per court (including players, coaches, support staff and officials).	03/08/2020	<a href="#">Click here</a>	18/08/2020
Bowls England	Yes	Practice, club nights and competitions. 2m distance to be maintained (or 1m+ with additional measures such as facemasks).	30 people per facility. At Covid-secure premises this can increase, but with groups of no more than 6.	31/07/2020	<a href="#">Click here</a>	06/08/2020

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England Boxing	Yes	Training, with the exception of close face-to-face activity such as pad work, sparring, skills bouts or amateur competition.	9.29 sq. meter requirement per person at indoor venues. Areas with 2m movement in each direction should be allocated. Groups of up to 6, or up to 15 if they are under 18.	Date TBC.	<a href="#">Click here</a>	16/07/2020
British Canoeing	Yes	Training and competition. 2m distancing to be maintained.	Gatherings of more than 30 can now take place, so long as distinct groups of no more than 6 are maintained and the event and venue is Covid-secure in line with government and NGB guidance.	01/08/2020	<a href="#">Click here</a>	27/07/2020
UK Cheerleading Association	Yes	Social distancing to be adhered to at all times – no physical contact between coach and cheerleaders, or between cheerleaders.	No defined capacity, so long as distancing can be maintained. Guidance from individual venues must be adhered to.	Date TBC	<a href="#">Click here</a>	23/07/2020
England and Wales Cricket Board	Yes	Training and competitive match play permitted. Social distancing must be observed, with specific guidance detailing when 1m+ is permitted.	Maximum of 30 participants including coaches and officials.	Returned July 2020	<a href="#">Click here</a>	14/07/2020

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The Croquet Association	Yes	Practice and competition permitted.	4 players per court for singles events, 8 players per court for doubles.	23/07/2020	<a href="#">Click here</a>	28/07/2020
The FA	Yes	Training and competition permitted.	Groups limited to a maximum of 30 people, including coaches.	17/07/2020	<a href="#">Click here</a>	18/07/2020
England Golf	Yes	Full return to sport. Social distancing to be maintained between participants.	No sport-specific limit. Guidance follows government advice on group gatherings.	13/05/2020	<a href="#">Click here</a>	07/08/2020
British Gymnastics	Yes	Only disciplines able to maintain social distancing can return.	100sqft of space per person within a dedicated facility. Individual groups should include no more than 15 people (including gymnasts and coaches).	Date TBC	<a href="#">Click here</a>	27/08/2020
England Hockey	Yes	Competitive training (indoor and outdoor) and matches (outdoor).	Maximum of 30 people per group. Multiple groups can use one pitch so long as social distancing can be maintained outside of training.	07/08/2020	<a href="#">Click here</a>	07/08/2020
British Mountaineering Council	Yes	All activity permitted where social distancing can be maintained.	Indoor: limited by systems in place at each venue. Outdoor: maximum group size of 30.	Date TBC	<a href="#">Click here</a>	28/08/2020
England Netball	Yes	Modified training and friendly matches only. Outdoor recommended where possible.	Up to 30 people per court.	26/09/2020	<a href="#">Click here</a>	18/08/2020

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British Orienteering	Yes	All events delivered in accordance with distancing requirements.	Group sizes of up to 6 only, with social distancing maintained throughout.	01/08/2020	<a href="#">Click here</a>	18/08/2020
Ramblers	Yes	All activities can resume.	Group walks up to a maximum of 30 people, ensuring physical distancing is maintained.	Not applicable	<a href="#">Click here</a>	24/08/2020
British Rowing	Yes	Training and internal club competition.	As per government guidance on group sizes.	Date TBC	<a href="#">Click here</a>	04/06/2020
England Rugby	Yes	Small group training only.	Groups of up to 6 people, with up to 4 groups per pitch. Total contact time of 15 minutes permitted.	Date TBC	<a href="#">Click here</a>	07/08/2020
Swim England	Yes	Public swimming, club swimming and swimming lessons.	For adults, groups of up to 6 (including the coach). For under 18-year-olds, groups of up to 15.	Date TBC	<a href="#">Click here</a>	20/07/2020
Lawn Tennis Association	Yes	Singles and doubles, indoors and outdoors.	Coaches sessions with children can take place with up to 15 people. Large group adult sessions can take place at Covid secure venues. No more than 12 players on one full-sized court at any time. No more than 30 people participating, officiating or organising competitions.	Competition can take place outdoors. Indoor competition – date TBC.	<a href="#">Click here</a>	25/08/2020

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British Triathlon	Yes	Individual and club training, competition.	See <a href="#">guidance</a> for detail.	25/07/2020	<a href="#">Click here</a>	31/07/2020
Volleyball England	Yes	All forms of playing and training allowed. Social distancing remains in place.	As per government guidance, no NGB-specific limits.	Resumed August 2020.	<a href="#">Click here</a>	31/07/2020
British Wrestling	Yes	Individual training only.	Solo training only.	Date TBC	<a href="#">Click here</a>	25/07/2020